

# TRAIL DE LA ROQUE 2023



Classement général - La Roq'sprint - 5,3 km

Cl	NOM - Prénom	Num	Temps	Moy	Sx	Cl/S	Cat	Cl/Cat	Club
1	LE FLOCH Armel	369	00:19:29	15.40	M	1	M3M	1	WAIMEA TRIATHLON LUNEL
2	BREBANT Alexandre	342	00:20:49	14.41	M	2	SEM	1	Domessargues Running
3	LAILLÉ Ewen	302	00:21:16	14.11	M	3	CAM	1	RUNNING BOISSERON
4	MONTESINOS Christophe	333	00:21:57	13.67	M	4	M1M	1	Trail City Run Montpellier
5	NOGARET Julien	320	00:22:57	13.07	M	5	M1M	2	Waimea Triathlon Lunel
6	MIQUEL Brice	329	00:23:56	12.53	M	6	JUM	1	Calvisson vtt
7	PLA-NOU Louise	303	00:24:00	12.50	F	1	M1F	1	LUNEL ATHLETISME
8	SIMONET Evan	347	00:24:28	12.26	M	7	CAM	2	-
9	MONTESINOS Timothe	332	00:24:37	12.19	M	8	MIM	1	Montpellier Languedoc Cyclisme
10	CUQ Floriane	368	00:24:40	12.16	F	2	M0F	1	AC2A Team Trail
11	GRUZELLE Benjamin	352	00:25:30	11.76	M	9	SEM	2	-
12	GENCE Jean	372	00:25:43	11.67	M	10	M5M	1	-
13	REVEILLE Axel	334	00:25:45	11.65	M	11	ESM	1	RUNNING BOISSERON
14	DEPOSE Gaspard	393	00:25:48	11.63	M	12	MIM	2	-
15	LAILLÉ Romuald	301	00:26:08	11.48	M	13	M4M	1	RUNNING BOISSERON
16	JUMETZ Eric	361	00:27:08	11.06	M	14	M4M	2	LGM
17	REYES Lucas	346	00:27:27	10.93	M	15	SEM	3	-
18	PEREZ Elodie	331	00:27:40	10.84	F	3	M1F	1	WAIMEA TRIATHLON CLUB LUNEL
19	ROUSSILLE René	343	00:27:46	10.80	M	16	M5M	2	-
20	SERVIERE Marc	344	00:27:46	10.80	M	17	M6M	1	LA LORIOLADE
21	GUINOT Pierre	364	00:28:53	10.39	M	18	M6M	2	perols footing
22	GIRAUD Celine	324	00:29:01	10.34	F	4	M2F	1	Running boisseron
23	LECHEVRETEL Thomas	366	00:29:34	10.15	M	19	CAM	3	-
24	DÉPOSÉ Vincent	345	00:29:38	10.12	M	20	M1M	3	-
25	PARNALAND Garance	336	00:30:25	9.86	F	5	JUF	1	RUNNING BOISSERON
26	AUGIER Remy	360	00:30:38	9.79	M	21	M2M	1	-
27	PLA-NOU Audrey	307	00:30:57	9.69	F	6	M1F	2	-
28	MILESI Gregory	365	00:31:22	9.56	M	22	M1M	4	-
29	DUBUC Coralie	322	00:31:29	9.53	F	7	SEF	1	-
30	FRACKOWIAK Gwennael	354	00:31:32	9.51	M	23	M0M	1	-
31	NORMAND Julien	309	00:31:37	9.49	M	24	M1M	5	-
32	PONS Hélène	305	00:31:38	9.48	F	8	M1F	3	Running Boisseron
33	BESSON Christophe	350	00:31:47	9.44	M	25	M2M	2	-
34	MAILLE Léonis	356	00:31:47	9.44	M	26	MIM	3	-
35	LELEU Rebecca	313	00:31:48	9.43	F	9	M4F	1	-
36	DELVAS Jérôme	308	00:31:59	9.38	M	27	M2M	3	-
37	BOUILHOL Caroline	341	00:32:23	9.26	F	10	M2F	2	-
38	HUC Nathalie	373	00:32:29	9.24	F	11	M1F	4	-
39	VAN TICHELEN Grégoire	327	00:33:17	9.01	M	28	M5M	3	Running Boisseron
40	LOUIS Richard	351	00:35:23	8.48	M	29	M7M	1	castries running club
41	GUIBERT Magali	367	00:35:23	8.48	F	12	M2F	3	CASTRIES RUNNING CLUB
42	NAVAL Lizon	321	00:35:28	8.46	F	13	CAF	1	RUNNING BOISSERON
43	ARNAUD Jennifer	335	00:35:29	8.45	F	14	M0F	2	-
44	NAVAL Cyril	330	00:35:32	8.44	M	30	M2M	4	RUNNING BOISSERON
45	THOURET Elise	315	00:36:20	8.26	F	15	ESF	1	-
46	PRUFER Matilda	314	00:36:20	8.26	F	16	ESF	2	-
47	NOËL Frédéric	358	00:36:30	8.22	M	31	M2M	5	-
48	TAVANO Laurence	357	00:36:30	8.22	F	17	M3F	1	-
49	FRACKOWIAK Melie	353	00:36:32	8.21	F	18	M0F	3	-
50	ROLLI Virginia	370	00:36:41	8.18	F	19	M0F	4	-
51	RIGAUD-FALLOT Xavier	355	00:36:44	8.17	M	32	M2M	6	Saint Mathieu Athlétic / Les Foulées Pradéennes
52	BROTON Patricia	363	00:36:48	8.15	F	20	M4F	2	-
53	LOPEZ Bernard	312	00:36:58	8.12	M	33	M3M	2	-
54	CARDON Laurianne	371	00:37:23	8.02	F	21	M2F	4	RUNNING BOISSERON
55	MALCLES Julie	328	00:37:23	8.02	F	22	M2F	5	running boisseron
56	PICARD Audrey	306	00:37:35	7.98	F	23	M1F	5	COURIR TRANQUILLE RESTINCLIERES

# TRAIL DE LA ROQUE 2023



Classement général - La Roq'sprint - 5,3 km

Cl	NOM - Prénom	Num	Temps	Moy	Sx	Cl/S	Cat	Cl/Cat	Club
57	GRAS Emmanuelle	317	00:37:39	7.97	F	24	M2F	6	-
58	MELLET Sabrina	316	00:38:04	7.88	F	25	M0F	5	-
59	RAMIREZ Rémi	348	00:39:22	7.62	M	34	SEM	4	-
60	AUGIER Louise	359	00:39:42	7.56	F	26	MIF	2	-
61	MANSARD Jolan	337	00:43:09	6.95	M	35	SEM	5	LAJB
62	WAILLE Anaïs	340	00:43:09	6.95	F	27	SEF	2	-
63	CHMOUSSET Audrey	318	00:44:59	6.67	F	28	M1F	6	-
64	PUJOL Philippe	319	00:45:00	6.67	M	36	M5M	4	-
65	TAILLEFER Stephanie	349	00:46:07	6.51	F	29	M1F	7	-
66	EYSSETTE Marion	362	00:48:36	6.17	F	30	M2F	7	Courirabeaulieu
67	DEMAJAUX Virginie	325	00:51:59	5.77	F	31	M1F	8	LEDIGNAN
68	MICHAEL Millan	338	00:51:59	5.77	M	37	M1M	6	Fermeur 5km
69	VARRANDON Jean-Luc	391	01:22:47	3.62	M	38	M5M	5	-